

Algerian Youth Leadership Project

Charter

This charter was developed as a set of beliefs to guide the community service projects that each participant will develop and implement in their own schools and communities. The charter reflects the beliefs of the participants around seven priority areas they identified as important for creating “a world that works for all”...especially for young people. These seven areas involve reducing or eliminating: 1) poverty; 2) ignorance and stupidity; 3) fear; 4) unequal opportunities; 5) drug and alcohol use; 6) stereotypes; and 7) war and violence.

- We believe that everyone’s basic needs should be met. This includes their need for shelter, rest, education, jobs, housing, food, health and good salaries.
- Awareness, knowledge and choice equal power for the future you want.
- Every individual has the right to define him/herself to the world. Everyone has the right to be themselves.
- More truth, no fear...the world is in the hand of teens.
- Chances come and go. We must take advantage of opportunities because everyone has a genius moment and we need to discover it.
- Everyone has the right to choose the future they want.

Facts and Other important Things We learned from the Stand Tall/Don't Fall Conference

Related to Drugs and alcohol:

Looking for good solutions and help makes you stay away from drugs.

Drugs and alcohol are associated with violence.

No alcohol, no drugs, no tobacco. It's not the solution.

Drugs are a kind of body destruction.

Human lives should not be screwed up by other people's choices (i.e., mother who used drugs while pregnant).

Pregnant women have to behave responsibly and care about the health of their babies by avoiding drugs and alcohol.

The legal blood alcohol content for adults 21 and older in the U.S. is .08

Age, weight, and gender are major factors in determining the level of intoxication after every drink.

Prevent alcohol drinking among teens.

Alcohol makes people violent because they are unconscious and vulnerable. Besides alcohol can cause serious disease.

Violence:

Violence could be physical, emotional and mental...so beware.

There are many kinds of violence: physical, emotional, financial...that threaten teenagers thus we have to avoid them and not trust some people.

We should report violence.

No violence equals peace and power.

Control the worldwide web. It can cause major damage and spread stereotypes.

Healthy Lifestyles:

Many diseases are sexually transmittable. We should practice safe sex or be abstinent.

In order to get rid of the calories we obtain from a burger we need to exercise/physical activity for at least 114 minutes.

Be careful when buying energy drinks because some of them contain alcohol.

Don't mix emotions and rationality when making decisions.

How to recognize the truth and protect themselves from unhealthy relationships.

Eat healthier and you will live longer.

Reinforce safe sex during or after marriage.

Learning about sex and STDs eliminates ignorance and may help you make healthier choices.

Knowledge and prevention are strong tools to protect yourself and the world, even if you want to stay a virgin until marriage.

Strategies:

Sharing our experience and information using media, youth voice...to raise awareness and ensure a safe and sane society.

What we learned today can help ameliorate or prevent use of drugs and alcohol.

Education—check the source of information.

Be critical of the media

Speak up against stereotypes.

Hold meetings to discuss the prevention and elimination of stereotypes.

Education campaigns that prevent people from making poor choices.

Awareness campaigns that make people recognize a violent relationship.

Be a positive influence for others by making good decisions concerning our lives.